



CARPAT MTB BENDURO

7 days expert tour, 190km, +4000m/-10.000m

The most technical program in the mtbtours.ro portfolio, **CarpatMTBEnduro** comes with a carefully selected list of trails to please the most demanding singletrack aficionados. No bike-parks, no man-made bike trails, just natural trekking and hiking trails with whatever mother nature decided to throw into the mix: roots, logs, stones and rock gardens, sharp turns, exposed ridges. You name it, we got it covered.

About three times more altitude drop than climbing on bike, meaning we'll use cable cars or motorized vehicles to cover some of the uphill. Still enough climbing on the menu, with some push-carry bike sessions, as in any proper enduro mtb experience. While not being a physical endurance trial, the **CarpatMTBEnduro** tour will put your muscles and ticker to the test.

We will be biking in **Bucegi Natural Park**, in the **Piatra Craiului National Park**, and also in the **Postavaru Nature Reserve**. Protecting the trails, the nature, the landscape, minding the fellow trail users (pedestrians, mountain runners, etc) is essential. We'll be riding the trails, not "shredding" the trails.

The tour is suitable for expert enduro, freeride, all-mountain and cross-country riders. A light weight full suspension bike would be ideal, but hardtails can also do the job if you know what you are doing. The routes are accessible from late June to early October.

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A mountain biker is riding a trail on a rocky hillside. The rider is wearing a black and orange cycling jersey with 'NEU' on the sleeve, black shorts, white socks, and black shoes. They are also wearing a bright green and pink helmet and sunglasses. The bike is a full-suspension mountain bike with a blue frame and black tires. The background shows a vast, open landscape with rolling hills and a clear blue sky with scattered white clouds. The terrain is rocky and covered with sparse vegetation.

DAY 1

CARPATMTBENDURO

Straight to business from the first day. The alpine trails of the **Bucegi Natural Park**, 25km singletrails, 800m ascent and 1500m descent.



DAY 2 CARPATMTBENDURO

Various runs from **Babele** down to **Pestera-Padina**. Hold your breath, it's not downhill-only. We'll do some climbing while enjoying the 2500m+ descents.

DAY 3 CARPATMTBENDURO



The one and only **Strunga Pass** today, with the endless descent to the **Bran Country**. Bonus loop on the hills of **Moieciu de Sus**, for extra single track joy. 35km, 700m ascent and 1500m descent



DAY 4 CARPATMTBENDURO

Detour in **Piatra Craiului National Park**, enjoying two awesome descents from **Curmatura Hut**, and some. Hard work for the legs, no cable cars in the national park. 35km, 1500m ascent and descent.



DAY 5
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Second run of Strunga Pass descent. This time we go up from Moieciu de Sus, and start the descent a little higher. We'll also experience new trail options back to Moieciu de Sus, with another extra loop available if the legs are still up for the battering.



We end the program in **Postavaru** mountain, in the outskirts of **Brasov**. Some climbing on a forestry road, cable car up the mountain, then 1200m altitude drop on one of the sweetest natural singletrail experience you've ever had! More trails are available, if your legs are up to some more abusing after a week of riding.

DAY 6
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The program includes airport transfer (Bucharest Otopeni), 7 nights full-board accommodation, 6 days of guided mtb riding.

Contact us at contact@mtbtours.ro or at contact@mountainguide.ro for further details.

Visit www.mtbtours.ro and www.mountainguide.ro to find out more about mtb and other outdoor activities in the Romanian mountains.

