



# TRANSYLVANIAN ALPS

7 days **advanced** tour, 210km, +7600m/-9100m

This tour offers an epic ride through the main mountain ranges in central Romania: Ciucas, Baiului, Bucegi, Piatra Craiului. The endless single tracks and trails will lead you through majestic forests, on idyllic meadows and impressive high-altitude pastures, with panoramic views that will explain why those mountains were called "The Transylvanian Alps."

It's more than mountains, it's also about meeting first hand the traditional life-style of the rural Romanian highlands, pretty much unaware of the XXI century technologies, benefits, and problems.

The tour is suitable for advanced cross-country, all-mountain and enduro riders. Each day offers a well balanced route, making you feel thrilled and accomplished in the evening without leaving your engine out of steam for the next morning. The routes are accessible from July to early October.

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DAY 1

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First day we hit the trails of **Ciucas Mountain**. 30km riding, 1400m ascent and descent.



DAY 2

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Across two mountains:  
**Grohotișului** and **Baiului**.  
45km, 1800m+ ascent  
and descent.





# DAY 3

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Roaming the forests and meadows on the East side of **Bucegi** mountains. About 40km distance, 1400m+ ascent and descent.

DAY 4

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High up the **Bucegi** Plateau, climbing up to 2507m, at **Omu Peak**. Around 25km of alpine single trail, cca 700m uphill and 1500m + down. Optional cable-car for extra downhill fun.

# DAY 5

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Leaving **Bucegi** towards West: the famous **Strunga Pass** descent. Aprox. 30km of trails and tracks, 800m ascent and 1500+ descent.

# DAY 6

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Saying good-bye to Bucegi, we bike through the **Piatra Craiului National Park**. Around 40km, 1500m+ up and down.



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The program includes airport transfer (Bucharest Otopeni), 7 nights full-board accommodation, 6 days of guided mtb riding.

Contact us at

**contact@mtbtours.ro**

or at **contact@mountainguide.ro**  
for further details.

Visit **www.mtbtours.ro** and  
**www.mountainguide.ro** to find  
out more about mtb and other  
outdoor activities in the Romanian  
mountains.

